

Women sign up NOW

BY COURTNEY PAQUETTE
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ANDOVER — The town's baby-boomer program will start a series this week specifically for women.

The "NOW: New Opportunities for Women," series kicks off this week with a talk by life coach Alex Mezey, whose specialty is working with people at midlife and beyond who are entering what she calls "second adulthood." It's part of the town's BoomerVenture program.

The series will also include talks by Andover attorney Debra Silberstein, who will focus on the financial aspects of "boomer-hood," and Darren Courtney, director of mutual fund services for AARP, on planning for retirement.

Silberstein will focus her presentation on how to maximize financial assets, approach estate planning and explore how philanthropic values and wealth can be passed on to future generations. Courtney will focus his presentation on the seven strategies to avoid common retirement pitfalls. He'll "test your knowledge," of retirement planning, according to BoomerVenture Director Karen Payne-Taylor.

According to the U.S. Department of Labor, baby boomers have held an average of 10½ jobs during their working life so far. The series is geared toward providing women with the resources they need to reinvent themselves, Payne-Taylor said.

Mezey's presentation is April 10, Silberstein's is April 17, and Courtney's is April 24. All of the presentations start at 7 p.m. and will take place at 30 Whittier Court. The cost for the entire series is \$20, and a special rate for attending individual presentations is available. For more information, call Payne-Taylor at 978-623-8321.

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