

## BoomerVenture campus means school's back in for baby-boomers

BoomerVenture, the name given to Andover activities for the baby boomer generation (those in their mid-40s to 60s), announces the launch of BoomerVenture Campus on Thursdays from 6 to 9 p.m.

Beginning Jan. 10, BoomerVenture Campus will serve as a weekly extension of Andover's BoomerVenture.

BoomerVenture Campus winter semester includes:

**Energize with Exercise** — Energizing workout regimen, focused on building flexibility and strength with a buffet of exercise options. Jan. 10 to Feb. 28, 6-7:15 p.m. \$45 for eight weeks. No prior exercise experience required.

**Serenity Yoga** — Gentle yoga practice, featuring postures that emphasize strength, balance, flexibility and serenity of mind and body. Jan. 10 to Feb. 28, 7:30-8:30 p.m. \$45 for eight weeks. Suitable for all levels. Just bring a yoga mat, towel and pillow.

**BoomerVenture Book Club** — Interested in a little intellectual stimulation? A newly-forming book group will be held every second and fourth Thursday night, with rotating leadership. Starts Jan. 10, 7:15-8:30 p.m. Free.

BoomerVenture campus is on the ground floor of 30 Whittier Court, the school administration building.

For information, contact: [www.boomerventure.com](http://www.boomerventure.com). Or call 978 823-8381 to get on the BoomerVenture mailing list. Send your checks payable to Town of Andover, 36 Bartlett St., Andover, MA

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